



# Sermon Study Guide for February 22, 2026

*Our Savior Lutheran Church and School*

**Theme:** The Temptation of Jesus

Jesus was led by the Spirit into the wilderness to be tempted by Satan. Jesus shows us how Christians are to defend themselves from the schemes of the devil and it is with the word of God, the Sword of Truth.

**Getting Started: (Sharing with each other)**

1. What is your favorite Bible verse or scripture?
2. In what ways does the devil attack you with his lies?

**In the Word: Read Matthew 4:1-11**

3. Why does Jesus start his answer to the devil every time by saying “it is written?”
4. Jesus was led into the wilderness by the spirit for 40 days & 40 nights which is a connection to the Israelites being in the wilderness for 40 years. What other connections do you see of Jesus, the Son of God and Israel, the sons and daughters of God, what similarities and differences do you see in the two that make them connected to one another?
5. When the Devil attempts to tempt Jesus into sin, what are the 3 ways he tries to do that?
6. The same lies that the devil throws at Jesus, how are they similar to how the devil tries to tempt and lie to us?

**Pulling it all together: Read Ephesians 6:10-20**

7. Why is it important for Christians to intentionally everyday put on the whole armor of God?
  
8. The Sword of Truth is the word of God and it needs to stay sharp in all circumstances for offense and defense against the devil, what ways can you keep your sword sharp?
  
9. Which piece of armor do you undervalue or have trouble actively putting on in your everyday life?
  
10. How does knowing your true identity as a child of God help you trust the promises of God and not believe the lies of the devil?
  
11. What is one truth, one piece of scripture that you are going to memorize and meditate on to have at your ready when you are battling temptation?

**Prayer:** God, thank you for giving us Jesus to not only die on the cross and rise from the grave to forgive us from our sins, but for also being the example for us to mimic when we experience temptation and spiritual warfare. God we know you are faithful to your promises and love all of us as your dear children, help us to trust in your love, our identity and believe every word that comes from your mouth. Your word is a living word that guards and defends our lives. Help us keep that word sharp in our hearts and minds so we can draw the sword of truth that you gave us to defend ourselves and fight for others who may not know the truth. Thank you for giving us faith and loving us always, in your name we pray Jesus, Amen.

**Next week:** Next week will be the 2<sup>nd</sup> Sunday in Lent and we are going to talk about the “why.” Why Jesus was sent for us and why it is important for us to live and follow him in all that we do!