



This content comes from *Family Faith Walks: On-the-go Faith Activities*
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You can buy the book at this link: <https://www.cph.org/p-411-family-faith-walks.aspx>

May Devotion: Lilies and Birds

God's Grace to Us

Today's Reading: Matthew 6:25-34

Look at the birds in the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?

Matthew 6:26

Faith Walk

Walk through a park with flowerbeds or a botanical garden. Keep your eyes open for wildlife, especially birds. Look for the most beautiful flower you can find.

Faith Talk

- ❖ How does God take care of birds, animals, and flowers?
- ❖ God loves His creation and His people, but which is of the most value to Him?
- ❖ What does it mean to worry? In what ways do you worry?
- ❖ Read the whole passage. Why shouldn't we worry?
- ❖ How has God taken care of you?

Follow-up Activities

- Make a bird feeder:
 1. Tie a string to a pinecone.
 2. Spread peanut butter onto a pinecone.
 3. Roll the pinecone in birdseed.
 4. Hang your bird feeder from a tree as a snack for birds.
- Do an experiment with flowers:
 1. Place a cut flower in a vase of water. Place another in a vase without water.
 2. Put two potted flowers in a window. Water one and not the other.
 3. Place a third potted flower in a closet, close the door and ignore it.
 4. Take pictures of the different flowers daily and keep a journal of how each one develops. In two weeks, write a summary of your experiment. How does God take care of flowers?
- Visit a humane society and learn what it takes to care for a pet. How does God care for us?
- Make a list of all the ways you worry. Tear up the list and throw it away as a symbol of your trust in God's care for you. We have no need to worry.

Our Response to God's Grace

(Prayer)

Dear God, Loving Father,

Help us to give our worries to You in faith and trust, knowing that You are in control and that You love us. We pray in the name of Jesus, who nailed our worries to the cross.

Amen

Ponderings

- ★ Although we trust in God's provision, He does not remove every hardship from us. Read Hebrews 12:1-13, James 1:12, and Romans 8:28-39 for insight into God's role in our suffering. Using these verses, list God's promises in our trials and the blessings we receive through suffering.
- ★ Pray for each of your worries and visualize giving them over to God. Thank God, in advance, for abundantly providing for all your needs and showering His rich blessings on you.
- ★ When we have needs, God wants us not to worry but to come to Him in prayer. Read Matthew 7:7-11. God is our loving Father and no worry, no need, no petition is too small or too large to bring to Him in prayer.

Journal Jottings

(write out your reflections and thoughts or what your family did)