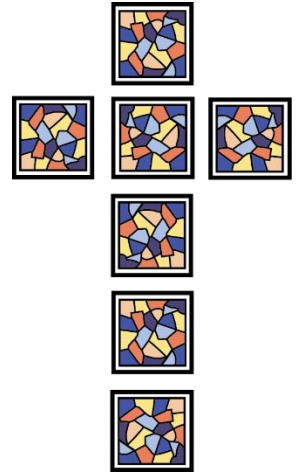


Good Friday Prayer Vigil 2019

Prayer Guide



These reflections build on the themes of the Wednesday Lenten services and are meant to enable us to consider Our Lord Jesus' Passion in light of various postures and focuses of prayer. While these incorporate the Seven Last Words of Jesus on the Cross, they do not necessarily follow the traditional order in which they appear in the Bible. Each theme has the Scriptural reference, a Bible memory verse tied to it, and suggested prayer starters for that theme.

- **Prayers of the Penitent:** Joel 2:12 – “Rend your heart and not your garments. Return to the LORD your God, for he is gracious and compassionate, slow to anger and abounding in love, and he relents from sending calamity.”
 - **Key Verse:** Psalm 51:1 – “Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions.”
 - **Prayer Starter:** Lord, forgive me for my many sins I commit against you, the ones I know and the ones only You know, especially..._____.”
- **The Posture of Prayer:** Matthew 26:39 – “Going a little farther, (Jesus) fell with his face to the ground and prayed...”
 - **Key Verse:** Psalm 141:2 “May my prayer rise before you like incense, the lifting up of my hands as the evening sacrifice.”
 - **Prayer Starter:** O God, let me come to You whether I sit, stand, kneel or fall down on my face before You. Give me the freedom to come to You as I..._____.”
- **Prayers of Healing:** Luke 22:51 – “But Jesus answered, “No more of this!” And he touched the man’s ear and healed him.”
 - **Key Verse:** “Heal me, O LORD, and I will be healed; save me and I will be saved, for you are the one I praise.”
 - **Prayer Starter:** Lord God, the Great Healer, I ask in the Name of Your Son, Jesus, for healing for me for..._____, and for..._____for_____.”
- **Prayers for the Persecuted:** Mark 14:64(b)-65 – “Then some began to spit at him; they blindfolded him, struck him with their fists, and said, “Prophecy!” And the guards took him and beat him.”
 - **Key Verse:** 1 Peter 5:9 – “Resist (the devil), standing firm in the faith, because you know that your brothers around the world are undergoing the same kind of sufferings.”

- **Prayer Starter:** Lord Jesus, may You strengthen and sustain all those around the world who suffer for their faith in You, especially in..._____."
- **Prayers of Forgiveness:** Luke 23:34 – "Father, forgive them, for they do not know what they are doing."
 - **Key Verse:** 1 Peter 2:24 – "He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wound you have been healed."
 - **Prayer Starter:** Lord GOD, grant me the capacity to forgive as You have forgiven me. Especially help me to forgive..._____ for_____."
- **Praying the Psalms:** Matthew 27:46 – "About the ninth hour Jesus cried out in a loud voice, "Eloi, Eloi, lama sabachthani?" – which means, 'My God, my God, why have you forsaken me?"
 - **Key Verses:** Psalm 22:1 (referenced above); Psalm 119:11 – "I have hidden your word in my heart that I may not sin against you."
 - **Prayer Starter:** Father, even as Your Son, Jesus, called out to You from His Cross, may I cry out to You through Your Word which You give to us.

The Seven Last Words from the Cross:

Father, forgive them, for they do not know what they are doing. – Luke 23:34

I tell you the truth, today you will be with me in paradise. – Luke 23:43

Dear woman, here is your son. Here is your mother. – John 19:26-27

My God, my God, why have you forsaken me? – Matthew 27:46

I am thirsty. – John 19:36

Father, into your hands I commit my spirit. – Luke 23:46

It is finished. – John 19:30

Additional Psalms for Meditation: Ps. 51, 22, 103, 86, 80, 69, 63, 119:169-176

Hymns of Commendation and Commitment: Lamb of God, Pure and Holy (LSB 434)

O Sacred Head, Now Wounded (LSB 449/450)

When I Survey the Wondrous Cross (LSB 425/426)

Go to Dark Gethsemane (LSB 436)

Jesus, in Your Dying Woes (LSB 447)



OUR SAVIOR LUTHERAN

Church and School

Learn, Live, Share...Christ